



Statement by NIHR on the International Day of Older Persons

Manama, 1 October 2026

On the occasion of the International Day of Older Persons, observed annually on 1 October, the National Institution for Human Rights (NIHR) emphasizes the importance of continuing to promote and protect the rights of older persons, ensuring that they enjoy a dignified and secure life, and enhancing their active participation in society, in recognition of their role, experience, and contributions to the development process.

This year's observance is held under the theme, "An Age of Longevity: Rethinking Systems for Longer Lives," highlighting the importance of developing health, social, and economic systems to keep pace with increasing life expectancy, meet the needs of older persons, and ensure equality, non-discrimination, autonomy, protection, and a life of dignity.

NIHR commends the attention accorded by the Kingdom of Bahrain to the rights and care of older persons through legislation, policies, initiatives, programs, and health and social services designed for them. These efforts contribute to enhancing their quality of life and providing a supportive environment that safeguards their rights and dignity while promoting their inclusion and participation in society.

NIHR reaffirms its commitment, within the framework of its mandate, to monitoring and following up on the human rights situation of older persons, raising awareness of their rights, and cooperating and coordinating with relevant stakeholders. These efforts aim to support their active participation in society, reduce age-based discrimination, and foster an inclusive society that respects human rights and safeguards the dignity of all its members.

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